Abstract

The present invention provides a method Methods for selectively assaying a target adiponectin multimer in a biological sample[[,]]. and a Such methods for accurately evaluating evaluate the relationship between a disease and adiponectin through selectively selective assay of the adiponectin multimers[[,]] which gives such and provide information that cannot be obtained through measurement of only the total amount of adiponectin alone. A method for selectively assaying of a target adiponectin multimer in a biological sample[[,]] comprising a step of distinguishing target adiponectin multimer from the other adiponectin multimers by using a protease and/or an antibody.